

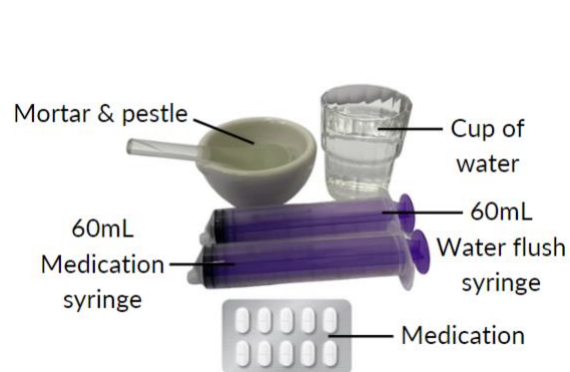
How to give medication through your feeding tube

Applicable for **all types** of tube feeding methods. Ask your pharmacist which medications can be put through your feeding tube.

1. Assemble equipment

2. Wash hands well with
soap and water

3. Draw up a minimum of
30mL of water into
syringe



4. Kink feeding tube (to stop backflow of stomach contents) and connect syringe

5. Perform *pre-medication* water flush using the start/ stop method

6. Kink feeding tube and disconnect syringe



7. Use mortar and pestle (or tablet crusher) to crush medicine into a fine powder

8. Draw 30mL of water into syringe and add to fine powder

9. Mix medicine and water until there are no lumps



10. Draw mixture into the medication syringe

11. Kink feeding tube (to stop backflow of stomach contents) and connect syringe

12. Push through the medication mixture



13. If there is leftover powder in the mortar and pestle, mix with 10mL of water and repeat steps 10-12

14. Kink feeding tube and disconnect the syringe

15. Perform *post-medication* water flush using the start/ stop method

16. Wash all equipment in warm soapy water, rinse, let air dry and store in a dry, cool place

