

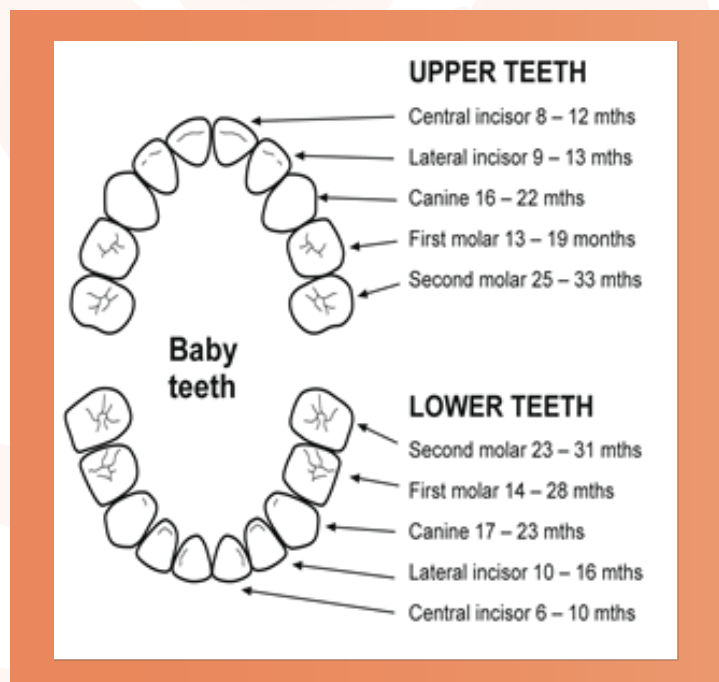
# TEETHING



## Baby teeth allow children to eat, speak and smile

- Baby teeth first appear at about six months, but this varies between children.
- Children usually have all their baby teeth by 3 years of age.

This is the usual timing of when baby teeth appear:

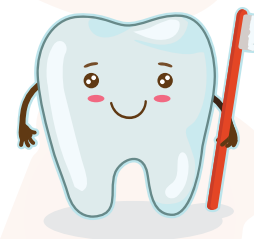


## Tips to manage teething

Teething may cause discomfort but does not usually cause high fevers. If your child has a fever and/or is ill, seek medical attention.

### Mild teething discomfort may be eased by:

- Chewing on chilled teething rings.
- Chewing on crusts of bread, chilled fruits or vegetables (e.g. cucumber, carrot, apple) or sugar and salt free rusks.
- A parent/carer gently rubbing the gums with a clean finger.



**Clean teeth as soon as they appear with a small, soft toothbrush.**  
**At 18 months, add low fluoride toothpaste to the routine.**

**Did you know some baby teeth are in the mouth until children are 12?**

Find out more by visiting our website  
[www.health.qld.gov.au/oralhealth](http://www.health.qld.gov.au/oralhealth)



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